

Training Division Protocols

Mission Statement for Training Division

It is the mission of the Training Division to bring high quality, technically focused, faith centered ballet instruction to students that are passionate about dance. We believe all dancers have the ability to increase their physical, emotional and intellectual well-being through the Training Division. With our structured program, students gain an appreciation for art, preparation to pursue dance in college, and the ability to springboard into additional training for a professional career. With experienced teachers, cohesive programming and mentorship, students are inspired to become their best self. For their family, community and for God.

Make-ups:

*Training Students are strongly encouraged to take make-up classes for classes that are missed. They may take any same level or lower ballet class. Training 1 & 2 can take Training 1, Ballet 4 or lower. Training 3 & 4 can take Training 1, 2, 3, Ballet 5 or lower. Elective classes should be made up in the closest level and style to their enrolled class.

*Non-Training students may NOT use Training to take a make-up, with the following exception: If a FORMER training student has exhausted ALL possibilities and is completely incapable of taking a non-training class within a month of the missed class(es) then they may be allowed to take a training class that is level appropriate. If this exception is abused, the student will no longer be allowed to take Training as a make-up.

Choreography:

*One class a week will be designated for choreography for each level. Students are required to attend this class. This class will not only be where the students learn their recital pieces, but also their Christmas pieces. Their other two classes each week will be for technical training. If a student misses choreography, they are responsible for asking a friend, getting a video or learning on the side the next time they are in class. They are also responsible for speaking to the instructor prior to class starting.

Last Friday of the month:

*The last Friday of each month all levels will combine and take class together. They are allowed to wear any color leotard they wish at this time. This is also sometimes used as a time to learn about dance history, watch a dance video, body conditioning, worship time, team building or to learn different variations.

Ballet Blessings:

*In September, November, January and March each student draws the name of their "Ballet Blessing". TWICE MONTHLY this is the person to whom they leave anonymous notes of encouragement, bible

verses, uplifting quotes and questions designed to get to know each other. Some students give small gifts, but this is neither the intent nor required. "Ballet Blessing"s are revealed during combined Friday class at the end of October, December, February and April.

Recital:

*Training Students will perform in two pieces during recital. One worship based and one classical ballet. Of these two dances, one will be all Training levels combined and one will be for each level.

*Training Students are required to attend all recitals that their pieces are performing in.

Recital for "bridging" students:

*If a student is "bridging" (taking two different levels at the same time) they will perform the combined dance with the level they are transitioning out of and perform the individual piece with the level they are transitioning into. For example: Lovely Dancer is split between T2 and T3. She will perform the combined piece with T2 and perform the individual piece with T3. This means when a student is signing up for their classes, they need to be aware of the required choreography day and sign up for the upper level they are transitioning into. In this class they will learn both the individual upper level piece as well as the choreography for the level they are transitioning out of. A conversation with your teacher is always encouraged to help keep everyone on the same page!

Summer:

*Training students are required to take the Ignite Intensive and either June or July (twice weekly) Training level appropriate minimester class. If this does not work due to vacations or outside the studio dance intensives, please see the Training Division Director. If enrolled in pointe, they must take the ballet class before the pointe class.

Pointe:

*Pointe is not a ballet class and does not count towards one of the training classes.

*If you are in Training you are required to take the Training class beforehand.

*We strongly recommend that non-training students enrolled in pointe classes attend the ballet class beforehand to be properly warmed up. This means that non-training students may be taking a training class prior to their pointe class. They are not in Training, will not be performing with Training and are still required to take their Ballet 4 or 5 classes during the week. We feel that it is such an important part of proper pointe work to have a ballet class beforehand, that we have allowed this minor exception for non-training students.